

Nature

Everything proceeds from one source; proceeds and returns, proceeds and returns, and on and on – constantly recurring. And the name of this source is Love and Love is not a thing at all, but infinitely more.

All that we call life is Love in denial. It is the nature of rejection to attempt to right itself and this is what causes the movement of energy to happen – the world to happen.

Energy has a natural reaction of healing - a countering action that initiates from our own completeness. There is no choice in this because our completeness cannot be denied without a response. This is the eternal Way; our natural attempt to redeem our loss. This redemptive force is spontaneous, it does not control and answers perfectly. And so, as the cumulative force of our denial increases we invite more extreme levels of response (wars, genocides, personal tragedy etc.). Again, this is the natural order of restoration that comes from our completeness. In the *Tao Te Ching* it is called the Way but commonly it is called Nature.

Energetic life on every level is rejection. However, the equanimity of plants and animals allows a more frequent return to Love (recurrence/higher vibration); destroy a flower and it will say ‘You can’t destroy me for I am also over there and there...’. All around us we observe the higher orders of response but still we do not see. We have become blind to all we can’t control and control is now our master.

Our need to control is a measure of our removal from equanimity and the response to our denial has grown to become such a force that we are caught in a stranglehold. This is not nature’s fault for it is only acting as a pendulum to balance; a return to center; a healing reaction. Nature is Love’s instrument and the level of our denial has now turned it into a fierce adversary for the protection of ignorance.

This is our self-imposed stranglehold, a tragic necessity and our catch-22. It now requires higher awareness for us to break this grip. We must come to understand how we have done this to ourselves - how we have made this ignominious force into a balancing necessity. We must come to understand that continuing to manipulate energy for our perceived advantages is not a straight-forward deal, in that it always comes with a catch that transfers power to this countering opposite; this force of ignorance; this omnipresent master of control; our antidote.

When we are unaware of how energy works we become its prisoner, when we are energy aware it becomes our toy. We are responsible because we create it all.

We are God, chasing ourselves through energy and bringing to bear all the means necessary to get us to learn who we are. This is the table we have set. As God, we chase ourselves until the unrelenting pain forces us to finally say, *enough!* Then we may release ourselves from control and begin the process to Love. It would be better to learn who we are without the pain and that is the purpose of this manuscript.

Pure and Simple

The common truth of everything is
Love
Pure and simple.

Love has no conditions
No deals to make
Love is pure and simple.

Energy is a state of conditions
Placed on Love
Not pure and not simple.

Our work is to release from energy
From nature to Love
Pure and simple.